



Dear Families,

Welcome back to school and the final half term for this academic year. It has been lovely to see the children and staff back in school happy and well rested after their half term break.

At last summer has arrived and with it some sunny days and the promise of ever warmer days to come. Please ensure that your child arrives in school each day with everything they need to be safe and successful in school. In addition to their usual reading bag and water bottle, they should now be bringing a sun hat. You should also apply sunscreen at home before your child comes to school— do not send sunscreen into school. Please ensure that children with long hair have this neatly tied up for school.

On Monday this week our staff met together for a training day. Support staff were led by the Trail Blazers Mental Health Team who led a morning session on childrens' mental health. Further in this newsletter you will find information about how you can access support for your child through this programme and also some details of the recently launched NY course for parents. You will need a NY Postcode to access these but can use the school one (BD207ES) if you live outside North Yorkshire. At the same time, our teachers worked together to further develop the approach to teaching the curriculum across the school. As well as being responsible for teaching a class, every teacher holds responsibility for a subject area throughout school. This week teachers were continuing to map the development of each subject from YR to Y6— described by one academic as a 'monumental task' for the 14 subjects taught in each class. We recognize that this will take time to map out but hope to be able to share some of this development as we continue to progress.

I am pleased to let you know that from 28th June we will be offering both a greater number of meal choices and also a reduced lead time for ordering. This is due in no small part to the work that Mrs. Wallace and Mrs. Harrison have done over the last half term when we took our catering 'in house'. Having moved away from an external contractor the quality and freshness of our meals has greatly improved. Our meals are proving to be increasingly popular and numbers of children taking school meals are steadily rising. There is further information about the menus further in in this newsletter.

To pre book meals:

Go to: www.parentpay.com

- Log in using your username and the password you have created
- Select child
- Select book meals and places (the blue box on the right)
- Select make or view bookings (the blue box on the right)
- Select week
- Select meal/s
- Confirm booking
- Make payment (if appropriate)

We are all hopeful that there will be a further reduction in COVID restrictions on 21st June however current reports suggests that this is less than certain. Whilst we wait for government guidance, we continue to hold our plans for the final weeks of the school year knowing that we may have to adapt these as necessary. We have got an exciting half term ahead!

Kindest regards
Mrs. B



Sutton CP School News...

www.wherelernersgrow.co.uk

11 June 21



Dear Parents/Carers

As a result of our previous extremely successful events, our fundraising family is once again holding its very own **'Race for Life'** event for Cancer Research UK and we would love you to join in with the fun. By taking part in 'Race for Life' and uniting together against cancer, you will be doing something very special. Cancer Research UK receives no Government funding, so the more of us who join the fight against cancer, the more money we can raise to beat it sooner.

We will 'Race for Life':

In: Sutton Park

On: Friday 16th July 2021

At: 1.30pm

For: 5K run, walk

We are hoping to be able to run this event in the same way as we have done in previous years by inviting families to join us; however, this will be subject to Covid-19 guidance at the time and we will inform you about any changes if and when they may occur.

Please complete the form below if you, or anyone that you know, would like to provisionally book a place to take part in our 'Race for Life' event and return it to school by **asap** Once again we are opening this event up to both male and female participants.

Together we will be an unstoppable force against cancer.

Thank you for your support.

Miss Ibbotson

Miss Blackie

Mrs Dwyer



Yes, I wish to provisionally book a place to take part in 'Race for Life'.

Parent/Carer name:

Child's name:

Number of people who would like to join in:
(not including children in our school)



Lunch Menu

from week beginning 28th June



11 June 21

<https://www.northyorks.gov.uk/free-school-meals>

If you receive benefits your child may be eligible for free school meals. In addition to covering the cost of your child's meal, school will receive additional funding to support teaching and learning.

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 12th Jul 13th Sep 4th Oct	Margherita pizza , potato wedges & sweetcorn. Jacket Potato (tuna mayo) with a side of sweetcorn. Jacket Potato (cheddar) with a side of sweetcorn. Flapjack made with pureed apple.	Mac 'n Cheese with sides of garden salad & cucumber. Wrap (ham) with sides of garden salad & cucumber. Wrap (cheddar) with sides of garden salad & cucumber. Banana Muffin	Five bean chilli & rice with a side of sour cream. Jacket potato (ham & cheddar) with sides of sour cream & peppers. Jacket potato (beans) with sides of sour cream & peppers. Peaches in jelly.	Chicken, broccoli & pasta in creamy sauce with a side of carrot sticks. Wholemeal petit pan (cheddar) with sides of sour cream, peppers & carrot sticks. Wholemeal petit pan (ham) with sides of sour cream, peppers & carrot sticks. Cocoa Brownie.	Battered white fish, chips & peas. Wrap (cheddar) with sides of cherry tomatoes & cucumber. Wrap (chicken) with sides of cherry tomatoes & cucumber. Cheese & Crackers.
Week 2 28th Jun 19th Jul 20th Sep 11th Oct	Pasta bake (tomato based sauce topped with cheese) & side of green beans. Jacket Potato (tuna mayo) with a side of sweetcorn. Jacket Potato (cheddar) with a side of sweetcorn. Oat cookies with pineapple chunks.	Chicken, sweetcorn & peas korma with rice. Wholemeal petit pan (cheddar) with sides of sour cream, peppers & carrot sticks. Wholemeal petit pan (ham) with sides of sour cream, peppers & carrot sticks. Apple slices & cheese cubes.	Pork sausage , mashed potato, peas & onion gravy. Wrap (cheddar) with sides of cucumber & cherry tomatoes. Wrap (ham) with sides of cucumber & cherry tomatoes. Yogurt.	Quorn Spaghetti Bolognese. Jacket potato (ham & cheddar) with a side of peppers. Jacket potato (beans) with a side of peppers. Apple Crumble & custard.	Fish cakes , potato wedges & sweetcorn. Half baguette (cheese) with sides of cucumber & cherry tomatoes. Half baguette (beef) with sides of cucumber & cherry tomatoes. Lancashire cookies with pear.
Week 3 5th Jul 6th Sep 27th Sep	Savoury rice: minced turkey, finely chopped peppers, peas & sweet corn. Jacket Potato (cheddar) with a side of sweetcorn. Jacket Potato (beans) with a side of sweetcorn. Chocolate sponge with chocolate sauce.	Potato & cheese frittata with sides of garden salad & cucumber. Wrap (chicken) with sides of garden salad & cucumber. Wrap (cheddar) with sides of garden salad & cucumber. Yogurt.	Lasagne & garlic bread Jacket Potato (cheddar) & side of cherry tomatoes. Jacket Potato (tuna mayo) & side of cherry tomatoes. Peaches in jelly	Roast chicken & potatoes roasted in duck fat with a side of mixed vegetables and gravy. Bagel (cream cheese) with sides of cherry tomatoes & carrot sticks. Bagel (chicken) with sides of cherry tomatoes & carrot sticks. Pear slices & cheese cubes.	Jumbo fish fingers , saute potatoes & beans. Wholemeal petit pan (cheddar) with sides of cucumber & carrot sticks. Wholemeal petit pan (pork) with sides of cucumber & carrot sticks. Oat cookies with pear.

Ordering school dinners

From the 28th June, the menu has improved following feedback received from parents. There are no increased choices options and more information for parents. In addition we have reduced the deadline for placing orders from 2 weeks to 7 school days (days when school is open) e.g. the booking deadline line for Mon 28th June is 9.00am on Thu 17th June.

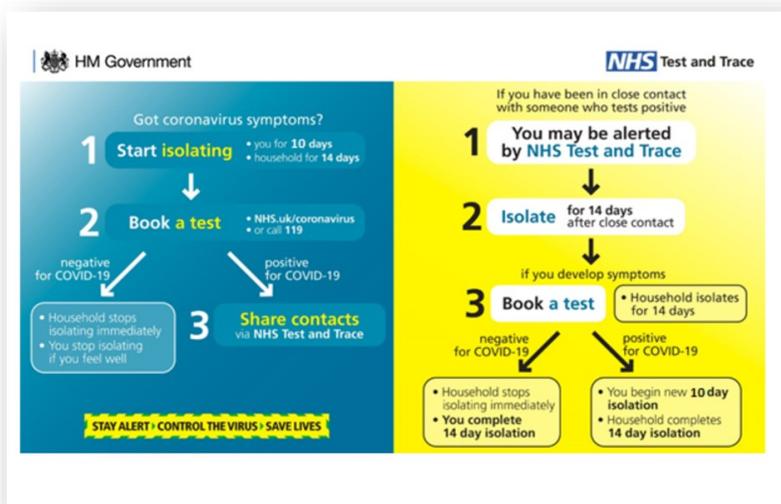
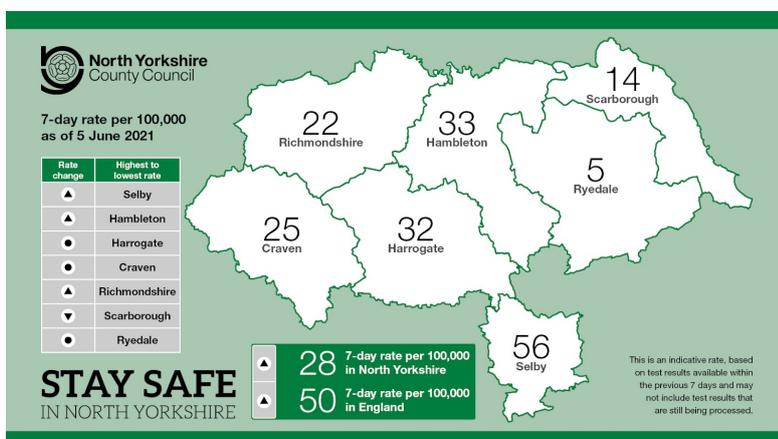
Local Statistics

As at 4pm (8th June) the infection rate figures were as follows,

- Craven 2876 (increase of 28 from the 25th May) .
- Pendle - 10080 (+ 283)
- Bradford - 51308 (+ 1234)
- Harrogate - 7834 (+90)

Last seven days.

- 3 new cases reported in Sutton and Crosshills in the last seven days.
- 2 patient currently in AGH with COVID.



Year Group	Morning Drop Off	Afternoon Pick Up
Reception	8:55 am start Please queue to drop your child off no earlier than 8:50 am and no later than 9:00 am.	3:20 pm finish Please queue to collect your child no earlier than 3:15 pm and no later than 3:25 pm.
Year 2		
Year 4		
Year 6		
Year 1	9:05 am start Please queue to drop your child off no earlier than 9:00 am and no later than 9:10 am.	3:30 pm finish Please queue to collect your child no earlier than 3:25 pm and no later than 3:35 pm.
Year 3		
Year 5		

Face Masks

- Staff and visitors continue to wear face masks in communal areas of school.
- Staff are not expected to wear face masks in their own classrooms when teaching.

We encourage you to wear a face mask when dropping off and picking up your child however we recognize that current guidance does not insist on this. If you chose not to wear a mask at this time please ensure that you are observing social distancing by staying 2m apart from other adults.



Sutton CP School News...

www.wherelernersgrow.co.uk

11 June 21

BRADFORD AND CRAVEN
trailblazer NHS

MENTAL HEALTH SUPPORT TEAM



Dear Parents & Carers,

Are you worried about your child's mental health?

We have dedicated **Mondays** to supporting you!
If you would like to talk to one of the team, please contact 07525 872287 on a **Monday** between **10am-4pm**.
You will then get a call back from one of the team.

Mental Health Support Team

FIND US ON OUR SOCIALS:



To keep up-to-date with everything our team is up to, follow us on our Instagram and Twitter accounts. We post top-tips, motivation quotes and regular updates!

@BDCFT_MHST



BRADFORD AND CRAVEN
trailblazer NHS



MENTAL HEALTH SUPPORT TEAM

The promotion of health and wellbeing in children and young people is paramount for preventing long term mental health problems. Therefore, as part of the government's brand new initiative we are delighted to be part of the new Mental Health Support Team working in the Craven area.

The team work on a 1:1 basis with children and young people who are presenting with mild to moderate mental health issues. We have a variety of interventions which would be suitable for young people experiencing things such as Low Mood, Anxiety, Phobias, Anger/Irritability and Sleep problems. We also work with parents/carers for a number of interventions including Parent Led CBT and our parenting programme for conduct problems.

As well as 1:1 interventions we implement a Whole School Approach within our settings - working with all staff, parents and pupils. We work closely with schools to help them identify social, emotional and mental health issues as early as possible using our consultation/advice offer.

Meet-the-Team

Helen	Lisa	Jamie	Claire	Elizabeth	Mel	Michelle
High Intensity CBT therapist & Supervisor	Senior Mental Health Practitioner	Education Mental Health Practitioner	Education Mental Health Practitioner	Education Mental Health Practitioner	Children's Wellbeing Practitioner	Specialist Administration Coordinator

Primary Schools	
St. Stephens	Claire
Christ Church	Jamie
Sutton-in-Craven CP	Elizabeth
Sutton-in-Craven CoE	Mel

Secondary Schools	
Skipton Academy	Claire
Skipton Girls High School	Lisa
Settle College	Elizabeth
Upper Wharfedale School	Jamie
South Craven	Elizabeth and Mel

Further Education	
Craven College	Jamie and Elizabeth

If you would like to get in touch regarding any Mental Health concerns with a child or young person, please speak to your representative Education Mental Health Practitioner at your school. Alternatively, email our team on mhst@bdct.nhs.uk

(Please allow 5 working days for a response from our Admin, who will pass your concerns to the most suitable member of the Team.)

Acronym Buster

MHST Mental Health Support Team	SEMH Social, emotional, mental health	EMHP Education Mental Health Practitioners	SMHP Senior Mental Health Practitioners	CBT Cognitive Behavioural Therapy
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Summer Holiday Sport and Wellbeing With Guest Speakers From North Yorkshire Sport



Tuesday 15th June

Held Over Zoom at
10:30am or 7:30pm



Please email with your preferred time or for more info



mhstparentsupport@bdct.onmicrosoft.com

Free new resources for North Yorkshire residents

Ourplace is the gateway into **online courses** for all parents, grandparents or carers who live in North Yorkshire. The courses aim to support the most difficult job in the world!

The first course is an antenatal course developed by Registered Midwives and health professionals and called 'Understanding pregnancy, labour, birth and your baby' and does what it says in the title! Information about giving birth plus learning about the baby's brain and how to optimise your relationship with the baby.

The second is a postnatal course 'Understanding your baby'. It was developed by health visitors and clinical psychologists, and other health professionals and is for parents of babies from 0 to 12 months.

The third is our main course for parents of children aged between 6 months and 19 years: 'Understanding your child'. This was also developed by child psychologists and specialist health and education professionals.

There is also a short course: 'Understanding your teenager's brain' which can explain some of the changes in teenagers' behaviour by understanding what is happening in their brain.

The courses are delivered in modules and can be worked through at your own pace and can be accessed on laptops, mobile phones, tablets etc by logging on to:

www.inourplace.co.uk and entering the access code: **NYFAMILIES**

ourplace

Welcome to Our Place

Access Code:
NYFAMILIES

Go to www.inourplace.co.uk

Apply the 'access code' for FREE access!
Fill in some details to create an account.
To return to the course(s) go to www.inourplace.co.uk and sign in!

For technical support contact
solihullapproach@heartofengland.nhs.uk
or 0121 296 4448 Mon-Fri 9am-5pm

SolihullApproach @SolihullApproach

ourplace

North Yorkshire Local Council

NHS

Online courses available for parents
FREE for North Yorkshire families and carers

- 1. Understanding pregnancy, labour, birth and your baby**
Online course for everyone around the baby: Mums, Dads, Grandparents, Friends and relations. Written by Registered Midwives and NHS Professionals.
- 2. Understanding your baby**
Online course for everyone around the baby: supporting you and the new arrival. Written by Psychologists, Psychotherapists and Health Visitors.
- 3a. Understanding your child (0-19 yrs) (main course) or 3b. Understanding your child with additional needs**
Popular online course about being the best parent, grandparent or carer you can be. Award winning with trusted content.
- 4. Understanding your teenager's brain (short course)**
Find out what happens to the brain in adolescence and how this explains some of the changes you may have noticed in their behaviour.

solihullapproach@heartofengland.nhs.uk
(+44) 0121 296 4448

www.inourplace.co.uk www.solihullapproachparenting.com

The Solihull Approach was
Developed by Psychologists,
Psychotherapists, Health Visitors
& NHS and Education Professionals



SKIPTON TENNIS CENTRE SUMMER CAMPS 2021

AWARDED LTA UK CLUB OF THE YEAR



Week 1 26 July - 30 July
Week 2 2 August - 6 August
Week 3 9 August - 13 August

Week 4 16 August - 20 August
Week 5 23 August - 27 August
Week 6 31 August - 3 September

**DROP
OFF
FROM
8.30am**

9.00AM - 3.30PM
£16/day

**TENNIS, FOOTBALL or
MULTI-SPORTS**

9.00AM - 5.00PM
£21/day

**TENNIS, FOOTBALL or MULTI-SPORTS
PLUS WIND DOWN MOVIE CLUB**

5 Tennis Courts | 4G All-Weather Pitch | Sports Hall | Playing Fields | Club House | Free Car Park



CALL, TEXT OR E-MAIL FOR INFO OR TO BOOK A PLACE!

**SKIPTON
TENNIS CENTRE**

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🌐 www.skiptontennis.com

