



Sutton CP School News...

www.wherelearnersgrow.co.uk

18 June 21

Dear Families,

Happy Friday—another week has whizzed by! There has been lots going on in school some of which is shared further in the newsletter. This week teachers are hard at work writing your child's annual report which we will share with you before the end of term. Mrs Fletcher has been attending a Science conference and Miss Ibbotson a course for RE. Our school diaries for next year have also arrived and are beginning to be filled! Y6 have had the second in a series of Mental health Workshops and Y4 have enjoyed a virtual STEM workshop.

We have all had the not completely unexpected news that COVID restrictions will remain in place for the next four weeks. There is also a worrying rise in the number of COVID cases, with Craven currently being the highest in North Yorkshire, and a number of our families are currently directly affected by the new variant of the virus. I want to encourage you to take every measure you can to reduce potential transmission. Please read the information in this newsletter about the steps you need to take. In school a thorough Risk Assessment process continues to be enforced to mitigate the risks as far as possible. We are still operating class bubbles, separate playtimes and lunchtimes. We ask that you remember to be socially distant from other family when dropping off and picking up your children. If you have older children who are student at South Craven please discourage them, and their friends, from coming to our school after school. If they are coming to pick up their younger brother or sister please tell them that they shouldn't be bringing their friends too! We are planning how to adapt our end of year activities so that they might go ahead this year. We are considering what; YR Graduation, the Y6 Production, Leavers Assemblies, Sports Days and Walks to the Pinnacle might look like. At this stage we do know that these will have to be 'bubble based' and sadly won't be available for parents to attend. The last thing we all want at the end of the school year is to share COVID around our community for the summer break.

In lighter news we took delivery of some lovely new wooden benches for our Story Garden this week courtesy of one of our parents. A few years ago Mr Bishop, crafted us a beautiful story tellers chair for the garden.

You can see the benches and hear about how Y2 have already made good use of them this week. Thank you Mr Bishop—they look grand!

Have a lovely weekend

Mrs B

PSHCE policy

(Personal, Social, Health & Citizenship)

Thank you for your responses to our consultation regarding the new PSHCE policy. As a result of feedback we have now created a page on the school website [here](#) which contains useful information for parents regarding how to talk with their children about many of the issues that arise within PSHCE. Please check it out; we hope you find it useful.

Parental Mental Health Survey

Thank you to all parents who have responded to our questionnaire regarding their child's mental health. There are still a few days to respond, if you haven't yet done so please do. We will be meeting with the Trailblazer team on Wednesday this week to see what support and advice parents have asked for and discuss how we can put this in place going forwards.

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Science, Technology, Engineering & Maths

Year 4 took part in a STEM livestream event by The Small piece Trust and the National Grid on Wednesday.

Working in pairs, they explored how to create circuits using LEDs, Play-Doh, and a power supply and identifying the effects of changing elements in the circuits. We learnt all about the National Grid and how they own the high-voltage electricity network in England and Wales. We had fantastic fun creating our circuits and being electrical engineers, having great success in lighting up our LEDs. Who knew Play-Doh was a conductor?

We all thoroughly enjoyed ourselves and have already spotted some budding engineers in our class.



Story Garden—Growing Readers and Writers...

Y2 have been talking full advantage of our lovely story garden this week. Situated right in the heart of school it's a lovely space for learning in the outdoors.

Children are enjoying their daily chapter of their current novel in the garden. Having just finished, 'The Giraffe, The Pelly and Me' they have now moved on to 'Esio Trot' and are fast becoming big fans of Roald Dahl's books. Fired up with enthusiasm for writing they have also used the story garden as a base for writing poetry this week.





Lunch Menu

from week beginning 28th June

Blossoms



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<https://www.northyorks.gov.uk/free-school-meals>

If you receive benefits your child may be eligible for free school meals. In addition to covering the cost of your child's meal, school will receive additional funding to support teaching and learning.

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 12th Jul 13th Sep 4th Oct	Margherita pizza, potato wedges & sweetcorn. Jacket Potato (tuna mayo) with a side of sweetcorn. Jacket Potato (cheddar) with a side of sweetcorn. Flapjack made with pureed apple.	Mac 'n Cheese with sides of garden salad & cucumber. Wrap (ham) with sides of garden salad & cucumber. Wrap (cheddar) with sides of garden salad & cucumber. Banana Muffin	Five bean chilli & rice with a side of sour cream. Jacket potato (ham & cheddar) with sides of sour cream & peppers. Jacket potato (beans) with sides of sour cream & peppers. Peaches in jelly.	Chicken, broccoli & pasta in creamy sauce with a side of carrot sticks. Wholemeal petit pan (cheddar) with sides of sour cream, peppers & carrot sticks. Wholemeal petit pan (ham) with sides of sour cream, peppers & carrot sticks. Cocoa Brownie.	Battered white fish, chips & peas. Wrap (cheddar) with sides of cherry tomatoes & cucumber. Wrap (chicken) with sides of cherry tomatoes & cucumber. Cheese & Crackers.
Week 2 28th Jun 19th Jul 20th Sep 11th Oct	Pasta bake (tomato based sauce topped with cheese) & side of green beans. Jacket Potato (tuna mayo) with a side of sweetcorn. Jacket Potato (cheddar) with a side of sweetcorn. Oat cookies with pineapple chunks.	Chicken, sweetcorn & peas korma with rice. Wholemeal petit pan (cheddar) with sides of sour cream, peppers & carrot sticks. Wholemeal petit pan (ham) with sides of sour cream, peppers & carrot sticks. Apple slices & cheese cubes.	Pork sausage, mashed potato, peas & onion gravy. Wrap (cheddar) with sides of cucumber & cherry tomatoes. Wrap (ham) with sides of cucumber & cherry tomatoes. Yogurt.	Quorn Spaghetti Bolognese. Jacket potato (ham & cheddar) with a side of peppers. Jacket potato (beans) with a side of peppers. Apple Crumble & custard.	Fish cakes, potato wedges & sweetcorn. Half baguette (cheese) with sides of cucumber & cherry tomatoes. Half baguette (beef) with sides of cucumber & cherry tomatoes. Lancashire cookies with pear.
Week 3 5th Jul 6th Sep 27th Sep	Savoury rice: minced turkey, finely chopped peppers, peas & sweet corn. Jacket Potato (cheddar) with a side of sweetcorn. Jacket Potato (beans) with a side of sweetcorn. Chocolate sponge with chocolate sauce.	Potato & cheese frittata with sides of garden salad & cucumber. Wrap (chicken) with sides of garden salad & cucumber. Wrap (cheddar) with sides of garden salad & cucumber. Yogurt.	Lasagne & garlic bread Jacket Potato (cheddar) & side of cherry tomatoes. Jacket Potato (tuna mayo) & side of cherry tomatoes. Peaches in jelly	Roast chicken & potatoes roasted in duck fat with a side of mixed vegetables and gravy. Bagel (cream cheese) with sides of cherry tomatoes & carrot sticks. Bagel (chicken) with sides of cherry tomatoes & carrot sticks. Pear slices & cheese cubes.	Jumbo fish fingers, saute potatoes & beans. Wholemeal petit pan (cheddar) with sides of cucumber & carrot sticks. Wholemeal petit pan (pork) with sides of cucumber & carrot sticks. Oat cookies with pear.

To pre book meals: Go to: www.parentpay.com

- Log in using your username and the password you have created
- Select child
- Select book meals and places (the blue box on the right)
- Select make or view bookings (the blue box on the right)
- Select week
- Select meal/s
- Confirm booking
- Make payment (if appropriate)

COVID19 Reminders...

www.wherelearnersgrow.co.uk

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Local Statistics

As at 4pm (15th June) the infection rate figures were as follows,

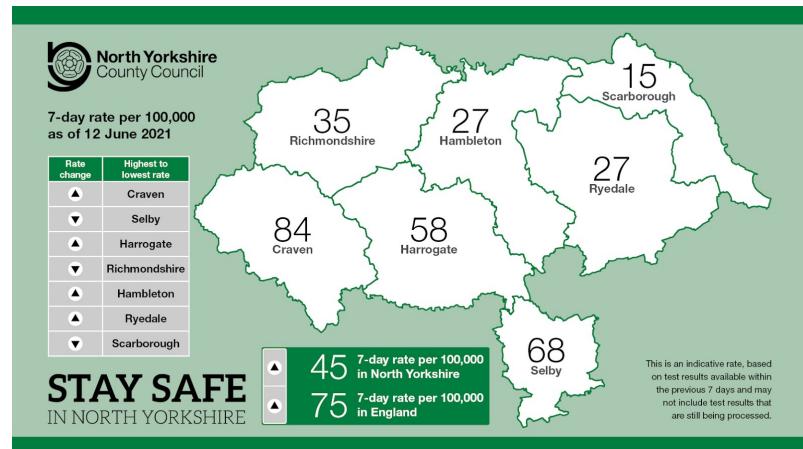
- Craven 2923 (**increase of 47**) .
- Pendle - 10371 (+291)
- Bradford - 52015 (+ 707)
- Harrogate - 7922 (+88)

All areas showing an increase in the rate of infection.

The rate of infection within Craven is high when compared with the rest of North Yorkshire

Last seven days.

- 9 new cases reported in Sutton and Crosshills in the last seven days.
- 3 patients currently in AGH with COVID.



Face Masks

- Staff and visitors continue to wear face masks in communal areas of school.
- Staff are not expected to wear face masks in their own classrooms when teaching.

We encourage you to wear a face mask when dropping off and picking up your child however we recognize that current guidance does not insist on this. If you chose not to wear a mask at this time please ensure that you are observing social distancing by staying 2m apart from other adults.

Increase in COVID rates

With the local rate of COVID cases **increasing** we want to remind parents to be aware of the symptoms and not to send their children into school if they exhibit any of these symptoms:

- A high temperature - this means you feel hot to touch on your chest or back (you do not need to measure your temperature)
- new, continuous cough - this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)
- loss or change to your sense of smell or taste - this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal

If your child has any of the main symptoms of COVID-19:

- Get a **PCR** test (test that is sent to a lab) to check if they have COVID-19 as soon as possible.
- You and anyone you live with should stay at home and not have visitors until you get your test result - your child should only leave your home to have a test.
- Anyone in your childcare or support bubble should also stay at home if your child has been in close contact with them since their symptoms started or during the 48 hours before they started.

Please note: A negative **Lateral Flow test** is **not** sufficient to rule out COVID if you have symptoms. They should only be used for asymptomatic testing when you have no symptoms.



MENTAL HEALTH SUPPORT TEAM



Dear Parents & Carers,

Are you worried about your child's mental health?

We have dedicated **Mondays** to supporting you!
If you would like to talk to one of the team, please contact 07525
872287 on a **Mondays** between **10am-4pm**.
You will then get a call back from one of the team.

Mental Health Support Team

FIND US ON OUR SOCIALS:



@BDCFT_MHST

To keep up-to-date with everything our team is up to, follow us on our Instagram and Twitter accounts. We post top-tips, motivation quotes and regular updates!



Y6 Self Esteem workshops

For the last two weeks, Year 6 have been taking part in self-esteem workshops which are led by two very special visitors from the Trailblazer team - Elizabeth and Verity.

We started our sessions by learning about how and why we are all different. We understand the importance of sharing our similarities and celebrating our differences. Together, our differences fit together like jigsaw pieces to show what is special about Year 6. We are unique!

We have also learned about what self-esteem is and how our opinions of ourselves makes us feel. We learned how to recognise low self-esteem in ourselves and others and the things we can do to boost (and, sadly, knock) it.

We are really looking forward to these workshops over the next few weeks and we are really grateful for the opportunity to learn these life-skills.

Thank you!

Year 6

MENTAL HEALTH SUPPORT TEAM

The promotion of health and wellbeing in children and young people is paramount for preventing long term mental health problems. Therefore, as part of the government's brand new initiative we are delighted to be part of the new Mental Health Support Team working in the Craven area.

The team work on a 1:1 basis with children and young people who are presenting with mild to moderate mental health issues. We have a variety of interventions which would be suitable for young people experiencing things such as Low Mood, Anxiety, Phobias, Anger/Irritability and Sleep problems. We also work with parents/careers for a number of interventions including Parent Led CBT and our parenting programme for conduct problems.

As well as 1:1 interventions we implement a Whole School Approach within our settings - working with all staff, parents and pupils. We work closely with schools to help them identify social, emotional and mental health issues as early as possible using our consultation/advice offer.

Meet-the-Team



Primary Schools

St. Stephens
Christ Church
Sutton-in-Craven CP
Sutton-in-Craven CoFE

Claire
Jamie
Elizabeth
Mel

Jamie

Elizabeth

Mel

Elizabeth

Mel

Elizabeth and Mel



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The Dog Warden has asked that this information is shared with you.

Microchipping

In April 2016 the Microchipping of Dogs (England) Regulations 2014 brought in a requirement for **ALL** dogs to be microchipped and contact details up-to-date by the time they are 8 weeks old.

Failure to keep a dog which is not microchipped with up-to-date details will lead to service of a notice requiring the keeper to have the dog chipped within 21 days. Failure to comply with the notice could see the keeper facing a fine of £500. Alternatively an enforcement officer may seize your dog, microchip it, register the details and then recover the cost from you.

Stray Dogs

The Cleaner Neighbourhoods team makes regular visits throughout the area. Any dog found in a public place and unsupervised can be seized and transferred to Council approved kennels. Owners will be liable for the cost of kennelling fees and any other costs incurred including a £25 charge payable to the Council.

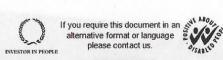
Strays are kept for up to 7 days. Stray dogs that are not claimed after 7 days are available for re-homing. In some cases, after 7 days, dogs can be destroyed in a humane manner by a qualified veterinary surgeon.

Contact Us

If you have any queries or can help us to identify any offenders, please contact:

Cleaner Neighbourhoods

Craven District Council
1 Belle Vue Square
SKIPTON
BD23 1FJ
Tel: 01756 706374



If you require this document in an alternative format or language please contact us.

CDC/CN/001



Information for dog owners



Are you a responsible dog owner?



Operation: Cleaner Craven

Dog Fouling

Is dog fouling an offence?

YES! It is an offence not to clean up after your dog on footpaths, bridle paths, parks, grass verges and amenity areas in the district.

Why should I clean up?

Dog mess can contain a number of things which can make people ill; the best known is a roundworm called toxocara canis. If the eggs of this worm are swallowed it can result in a range of problems from aches and pains to breathing difficulties and, in the worst case, blindness.

The risk to health can be reduced by:

- Worming your dog regularly
- Always clearing up after your dog
- Good hygiene practice

How can I dispose of my dog waste?

There are a number of dog waste bins as well as litter bins that can be used around the district. You can also use your dustbin at home.

DO NOT use the nearest tree, hedge or spare land to dispose of your dog poo bag.

Will I ever be caught and fined?

YES! Cleaner Neighbourhoods officers carry out daily enforcement patrols, targeting dog fouling hotspot areas. The public are becoming less willing to accept irresponsible dog owners. They are more willing to tell the council who is not picking up the mess and where, making it much easier for us to catch offenders.

When caught you will either get a fixed penalty notice or a summons to appear in court. **Prosecution could mean a £1,000 fine!**

Report it

- If you see a dog fouling and the owner does not clean up after it, we may be able to take action if you can help us to collect as much of the following information as possible:
 - Date
 - Time
 - Location
 - Description of owner and dog
 - Dog owners name or address if known



REMEMBER

It is the responsibility of the person in charge of a dog to make sure a fouling offence does not occur.

There are no excuses.

Fouling is unacceptable.

Allowing a dog to mess in a public area is an antisocial act that produces an unpleasant environment and can pose health risks for others, especially children.

If a dog waste bin is full or if there is a problem, please let us know:

Telephone: 01756 700600

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Free new resources for North Yorkshire residents

Ourplace is the gateway into **online courses** for all parents, grandparents or carers who live in North Yorkshire. The courses aim to support the most difficult job in the world!

The first course is an antenatal course developed by Registered Midwives and health professionals and called 'Understanding pregnancy, labour, birth and your baby' and does what it says in the title! Information about giving birth plus learning about the baby's brain and how to optimise your relationship with the baby.

The second is a postnatal course 'Understanding your baby'. It was developed by health visitors and clinical psychologists, and other health professionals and is for parents of babies from 0 to 12 months.

The third is our main course for parents of children aged between 6 months and 19 years: 'Understanding your child'. This was also developed by child psychologists and specialist health and education professionals.

There is also a short course: 'Understanding your teenager's brain' which can explain some of the changes in teenagers' behaviour by understanding what is happening in their brain.

The courses are delivered in modules and can be worked through at your own pace and can be accessed on laptops, mobile phones, tablets etc by logging on to:

www.inourplace.co.uk and entering the access code: **NYFAMILIES**

Welcome to Our Place

Access Code: NYFAMILIES

Go to www.inourplace.co.uk

Apply the 'access code' for FREE access!

For technical support contact solihullapproach@heartoffengland.nhs.uk or 0121 296 4448 Mon-Fri 9am-5pm

[SolihullApproach](https://www.facebook.com/SolihullApproach) [@SolihullApproach.nhs.uk](https://twitter.com/SolihullApproach)

Online courses available for parents

FREE for North Yorkshire families and carers

- 1. Understanding pregnancy, labour, birth and your baby**
Online course for everyone around the baby: Mums, Dads, Grandparents, friends and relations. Written by Registered Midwives and NHS Professionals.
- 2. Understanding your baby**
Online course for everyone around the baby: supporting you and the new arrival. Written by Psychologists, Psychotherapists and Health Visitors.
- 3a. Understanding your child (0-19 yrs) (main course) or 3b. Understanding your child with additional needs**
Popular online course about being the best parent, grandparent or carer you can be. Award winning with trusted content.
- 4. Understanding your teenager's brain (short course)**
Find out what happens to the brain in adolescence and how this explains some of the changes you may have noticed in their behaviour.

solihullapproach@heartoffengland.nhs.uk
(+44) 0121 296 4448

www.inourplace.co.uk www.solihullapproachparenting.com

The Solihull Approach was Developed by Psychologists, Psychotherapists, Health Visitors & NHS and Education Professionals



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SKIPTON TENNIS CENTRE SUMMER CAMPS 2021

AWARDED LTA UK CLUB OF THE YEAR

Week 1 26 July - 30 July Week 4 16 August - 20 August
 Week 2 2 August - 6 August Week 5 23 August - 27 August
 Week 3 9 August - 13 August Week 6 31 August - 3 September

DROP OFF FROM 8.30am
9.00AM - 3.30PM
 £16/day
 TENNIS, FOOTBALL or MULTI-SPORTS

9.00AM - 5.00PM
 £21/day
 TENNIS, FOOTBALL or MULTI-SPORTS
 PLUS WIND DOWN MOVIE CLUB

5 Tennis Courts | 4G All-Weather Pitch | Sports Hall | Playing Fields | Club House | Free Car Park



LTA



CALL, TEXT OR E-MAIL FOR INFO OR TO BOOK A PLACE!

SKIPTON TENNIS CENTRE

01756 796655 07875 643780

@ info@skiptontennis.com

www.skiptontennis.com



FREE Health and Wellbeing Courses

Step into Summer with one of our Health and Wellbeing Courses

Coping with Change

Thursday 25th June 09:30 - 12:30

This course will support you to develop your knowledge and skills, helping you to reflect upon your reactions to change and the impact this can have on others.

Understanding motivation

Thursday 1st July 14:00 - 17:00 ends 15th July

This course will provide you with an understanding of what motivates us, different types of motivation and the effect this can have on the individual.

Creative Thinking

Wednesday 7th July 09:30 - 14:30 ends 21st July

This course will introduce the concepts of creative thinking and creative experimentation as tools to help cope with change, increase motivation and to stretch existing abilities.

All courses will be delivered online. You will need access to the internet and an email account. You will have access to your teacher on a weekly basis through Teams or Skype, and email as well as the opportunity to contribute to group discussions across the County.

For more information and to book online, visit our Health and Wellbeing courses

<https://ebsontrackprospect.northyorks.gov.uk/page/findcourse>

Call our Adult Learning Team on 01609 536066

Email: adultlearningservice@northyorks.gov.uk

SPEECH & LANGUAGE THERAPY



Drop In Service



Our Speech and Language Therapy Drop-In Service is still running – just not as usual at the moment

If your child is UNDER 6 years of age and you have any concerns about their speech and language skills we are able to offer a telephone consultation with a Speech and Language Therapist.

You will be able to discuss your concerns with the Therapist, who can then provide advice to support your child's speech and/or language development.

To arrange an appointment, please telephone our admin team on:

01535 292821

Advice and information about how you can support your child's speech and language development can be found on the following links:

[f Airedale Speech and Language Therapy](#)

[g www.airedale-trust.nhs.uk/services/therapies-and-rehabilitation/speech-and-language-therapy](#)
[w www.bbc.co.uk/tiny-happy-people](#)

