

Fresh Fruit /
Yoghurt dessert
option every day

Mrs J's
kitchen

Catherine Wheels

Broccoli & Sweetcorn
Potato Wedges
Herbie Bread

Apple Crumble & Custard
Chicken Korma and Rice
Green Beans and Carrots
Naan Bread

Treacle Sponge & Custard
Roast Pork, Apple Sauce & Gravy
Creamed Potatoes
Savoy Cabbage & Swede
Herbie Bread

Digestive Biscuit, Cheese Grapes
Pasta Bolognaise
Peas & Carrots
Tomato Bread

Orange Brownie

**Valentines Day
Lunch**

Hot Dogs
Chips
Tomato Sauce
Peas & Sweetcorn

Valentines Day Cup-
cake

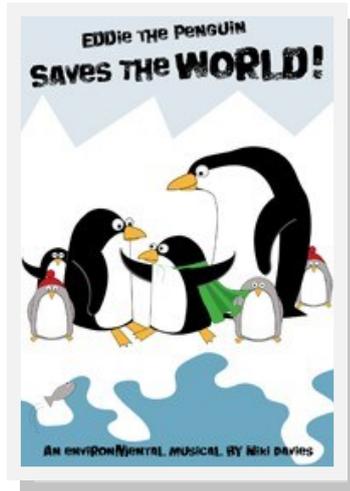


School meals are free for YR/Y1 & Y2 and cost £2.10 per day for other year groups. Meals are freshly cooked each day in our kitchen by Mrs.



Johnson. Meals must be taken as a full week. With the exception of promotional meals (such as Christmas Dinner) we do not have the capacity to offer 'one off meals' For food ordering purposes **the school office** requires one week's notice to change to/from school meals.

Y1 and Y2 are proud to
Present...



Thursday 8 February
6pm see website for ticket
details

Book People Book Fair
Nurture Love Books l.co.uk

Today and Monday

WE'RE HAVING A BOOK FAIR!

Over 150 books from just £3

Sutton CP School Hall
after school
Friday 2nd & Monday 5th Feb.
3:30pm - 4:10pm

**Wear red for SELFA
Friday 9 Feb.**

We have been asked by a parent if we would support the work of a local charity [SELFA](#) which we are happy to do.

SELFA is a local charity supporting children and young people in Skipton and Craven.

SELFA's goal is to work towards a community where vulnerable, disadvantaged and disabled children and young people experience happiness and belonging. They nurture and support children and young people through clubs, workshops, trips and residential to enable them to be the best they can be. Emma from SELFA will be in school next week talking to our children about her work.

We are giving children the opportunity of coming to school on 9 February dressed in red in exchange for a small donation (SELFA suggest £1 but bring what you can afford) to SELFA.

School will match your donations to this worthwhile charity.

Wear red for





Callum from One Day Creative was in school this week leading internet safety workshops. The children went 'inside' a computer and were shocked at just how quickly information can be shared on the world wide web...



They also found out:

- The importance of passwords and keeping personal information private
- To always ask a trusted adult if they are unsure about something they come across whilst playing online
- People aren't always who they seem to be when they are online
- The importance of being nice whilst using the internet
- Not to accept 'gifts', or open emails from strangers



Next week it's a chance for Parents to find out more...

**Snapchat? Instagram? Facebook? You Tube? Twitter? Messenger?
Online gaming?**

On **Thursday 8 Feb** there will be an internet forum for **parents and children**. This will take place in Y4 from 3.30-4.00 and will be led by Mr Horton



Families play a crucial role in empowering and supporting children to use technology responsibly, respectfully, critically and creatively. This can be achieved by ensuring an open dialogue with children, educating them to use technology safely and adults acting as digital role models. The event will be an opportunity to find out more about how to keep your child safe on the internet at home. If you have some specific concerns please, let Mr Horton know beforehand and he can build these into the session

The Kindle Project

We'd like to thank **Skipton Mechanics Institute** for their kind donation of £360 towards our project to buy some Kindles for school. Once purchased we plan to make these available for children to borrow from the library, pre-loaded with some great titles!

Watch this space

Pupil Progress Meetings

If you were not able to make Pupil Progress Meetings with your child's class teacher this week, please contact school to arrange a mutually convenient time to meet.

JUNIOR COURSES

with Craven College

Animal Care	START DATE	DAY & TIME	DURATION	VENUE	COURSE FEES	COURSE CODE
Junior Animal Care	17.03.18	Sat 10:00-15:00	1 day	AM	£40	UFPNRG02
More Junior Animal Care	19.05.18	Sat 10:00-15:00	1 day	AM	£40	UFPNRG03

Beauty	START DATE	DAY & TIME	DURATION	VENUE	COURSE FEES	COURSE CODE
Manicure & Pedicure (Junior)	16.06.18	Sat 10:00-14:00	1 day	HS	£35	UFPNRH10
Party Make-up & Nails (Junior)	28.04.18	Sat 10:00-14:00	1 day	HS	£35	UFPNRH08

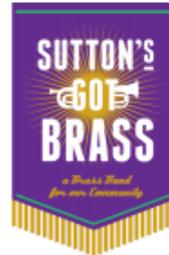
Cooks	START DATE	DAY & TIME	DURATION	VENUE	COURSE FEES	COURSE CODE
Middle Eastern Cookery (Junior)	17.03.18	Sat 10:00-15:30	1 day	HS	£45	UFPNRK10
Cookery (Junior)	28.04.18	Sat 10:00-15:00	1 day	HS	£45	UFPNRK14

Hairdressing	START DATE	DAY & TIME	DURATION	VENUE	COURSE FEES	COURSE CODE
Party Hair (Junior)	10.02.18	Sat 10:00-14:00	1 day	HS	£35	UFPNRH05
Hair Plaiting & Twisting (Junior)	19.05.18	Sat 10:00-14:00	1 day	HS	£35	UFPNRH09

Art, Fashion & Photography	START DATE	DAY & TIME	DURATION	VENUE	COURSE FEES	COURSE CODE
Creative Book Binding (Junior)	10.02.18	Sat 10:00-15:00	1 day	AC	£45	UFPNRA18

© Where Learners Grow. All rights reserved. All other content is the property of Craven College.

www.craven-college.ac.uk | 01756 791 411



SUTTON'S GOT BRASS

...is **your** local brass band - and we need more players - of any age and any ability - even if you have never played a brass instrument before.

We will teach you how to play and lend you a brass instrument of your choice for as long as you play with us.

We meet at 7.00pm every Wednesday at:

Sutton CP School
Bridge Road
Sutton-in-Craven

We have members of all kinds from 8 years old upwards and you will be sure of a friendly welcome.

Our Membership costs are less than £1 a week and includes the tuition and the musical instrument!

You may have seen us at local events - join us and you will never have had so much fun sitting down.

For more information contact:

Kevin Allack on
01535 605316
07958 011316
Or at
suttonsgotbrass@gmail.com



A free and confidential 12 week programme designed to support children and young people to achieve and maintain a healthy weight.

We will help you make positive lifestyle changes and teach you new things about nutrition, physical activity, fitness and behaviour change.

Healthy Choices is a free 12 week programme for 5-19 year olds who are above a healthy weight. We will work with you and your whole family for 12 weeks delivering fun and interactive sessions on a whole range of different topics around nutrition, health and lifestyles. Topics covered include:

- Eatwell guide
- 5-a-day
- Physical activity
- Portion sizing
- Cooking skills and menu planning
- Sugar
- Food labels

The programme offers personalised support designed to be fun, positive and energising experience. The team will help you set simple realistic goals suited to your family to work towards a healthier lifestyle.

How to sign up

Do you think your family could benefit from this service? Do you want to make positive changes for a healthier, happier future?

For more information on the Healthy Choices service in your area, please telephone 01609 79808