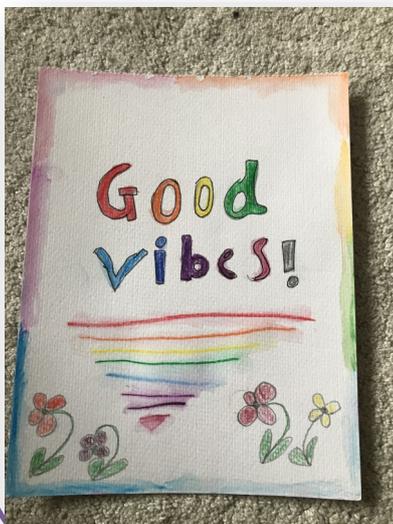


Dear School Family

Our school, as we know it, is closed for the foreseeable future. This is different to anything we have ever known and we are all finding new ways to adapt and to stay in touch with each other.

As we move into our second week, our Virtual School is beginning to grow.

It's been a week since we were last together. The longest and shortest week I have ever known. Actually, reviewing that first sentence it doesn't feel quite right because over this week we **have** found new ways to be together. Somebody wise (no idea who) said something like, 'Necessity is the mother of invention' and hasn't that been true this week? Like you, I am getting to grips with all sorts of technology I had been putting off until I had more time. Skyping and Zooming into meetings; I am loving dropping in to Google Classroom and Tapestry and seeing our wonderful school still flourishing through our learners who are growing in different ways this week. About 40% of our children are currently accessing the fantastic online activities that teachers are providing daily. Some of these children are posting stories, maths, photos and videos. I was particularly blessed by Arrietty in YR who has been broadcasting 'Arrietty TV' all week and last week did a programme just for me 'All About Sausage Dogs' (she sits inside a large silver homemade TV for these programmes!) If your child isn't yet accessing the online activities, please see later in this newsletter for how to log on. Their teachers and many of their classmates will be waiting online to chat with them.



My days, like yours, have taken on a different rhythm. I'm trying to stick to a routine. I don't miss the A59 road!

At home I am looking more carefully at the food I have in my fridge - no more throwing 'spare' food away. I am being more mindful of things I have taken for granted - I even stuck a daffodil on our letter box this week with a note saying 'To Our Postie - Thank You!' I loved the beaming smile on his face as he strode off down the drive tucking it into his buttonhole. I got really emotional when the Asda van drew up last week and then again on Thursday when we opened the windows and listened to the claps and car horns at 8pm; I believe it was the same in Sutton. I won't ever get cross waiting in an NHS clinic again.

Sending you all my very best wishes and hopes that you are all well and staying safe.

With love from our school staff to your family x

A message from our Vice Chair of Governors

Wasn't last week a glorious week weather-wise? We've been making the most of it before the cold weather returns, enjoying being outside without having to kit ourselves out with hats, scarves, gloves and winter coats!

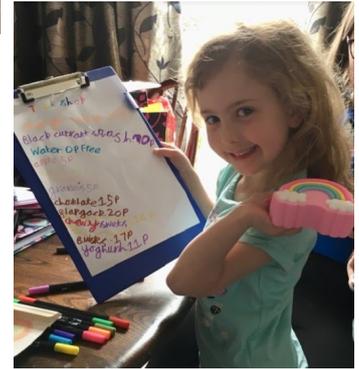
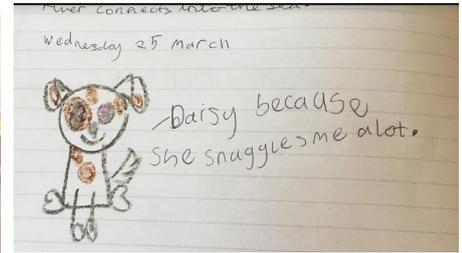
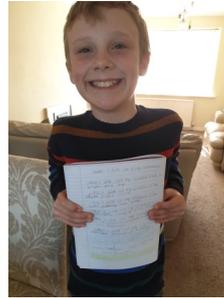
The children even did some schoolwork outside! What a difference to your mood just putting your face up to catch the sun! At least we'll all have had our quotient of vitamin D at the end of this time! I've also been enjoying watching the birds getting on with making nests and the daffodils in my garden. The lambs in the field next to our house have been funny to watch too!

Being outside gives us a great reminder that the world doesn't all stop for coronavirus!

Janet Wordley



Hi Mrs Baldwin, I have had a great day today. This morning we did PE, reading, Geraldine the Giraffe with a-e sound, I created my own vision of Gruffulo and created my own story and acting it out in the garden in front of mummy (video attached), created my own tuck shop advert, we looked at whales on a natural geographic channel, building lego, playing on the trampoline, looking at high frequency words and creating a sentence from it, chilling outside on our blankets and even closed our eyes to do relaxation for 5 to 10 mins. For the rest of the day we are spending it outside.



mrs whitehead I translated your example writing in google translate and it is latin so I will write this letter to you in latin Et translati sunt in scripto exemplum whitehead Quia tuum est translate ac Latinam scribam et ego ad te litteris latine

Emily Whitehead 09:02

Write a letter to the author of Artemis Fowl.

Tell him the parts of the story you are enjoying.

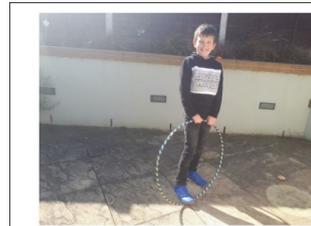
What questions could you ask?

Remember an Introduction and Conclusion

The parts in blue are the parts you need to



"the green thing is a avacardo you chop it in half the you scrape out the insides snd eat the but don't eat the stone in the middle [the brown ball in the middle] also they are lovely they taste like nothing but it is normally the texture that people don't like so they won't try the actual thing"



This is me rolling the hoop.



This is me measuring the distance.



Bethany has been busy drawing some more pictures that make her happy. I think these are fantastic and hopefully these will put a smile on your face too! xx

How to access Google Classroom at home.

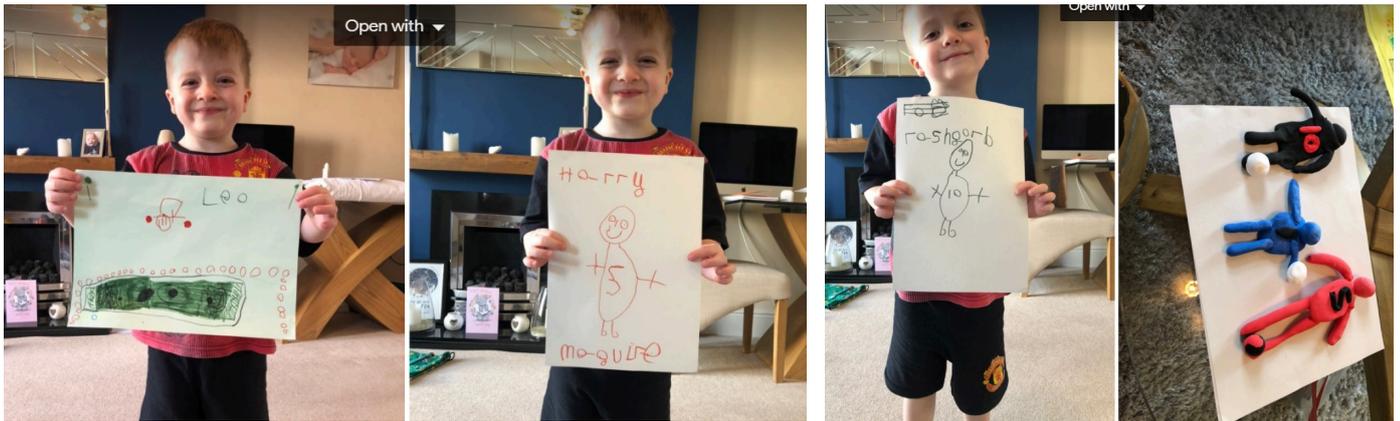
1. Open a web browser and go to www.google.co.uk.
2. In the top right hand corner of the screen you will see a link to Gmail. Click it.
3. Log in here to your school Gmail account.
4. Once you have logged in and you are in your inbox you will notice the Google Apps link in the top right hand corner of the browser. This is the 9 dot logo that you use in school to access Google Classroom. Click on here and the link to Google classroom should appear.
5. Click on the Google classroom link. You should now see your year group's classroom. Click on it to enter.

You must be logged into your school email account for google classroom to work.

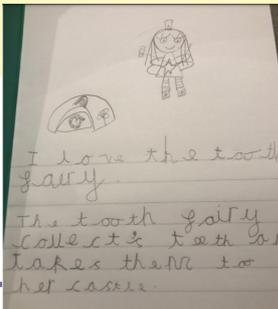
You can also access this by searching 'Google Classroom' on google and logging in this way.

Mrs Bailey wants to share some super learning from home with you...

Sienna wrote about the Tooth Fairy, Myla did some learning about the number 9 and it has been Leo's project week and we have not let being apart stop us. Leo has been posting videos to his friends every day setting them challenges. He set them a challenge to make a football pitch with 11 players on either side. Lots of his friends rose to the challenge on Tapestry and it was great to see the team spirit.



Leo has been showing off his medals today from Little Strikers that he goes to weekly. We have also set his class mates a challenge to draw a football pitch with 11 players on each side. We have also made 3 players from creative clay and Leo has drawn his favourite players and written their names.



Sienna has done some super sentences in her workbook today about the tooth fairy following our 'th' sound today and drew a fabulous fairy wearing a tooth crown 🍷

How to use Tapestry at home You can log on using your tablet or phone via the app, or on your desktop or laptop



<https://tapestryjournal.com/>

Log into Tapestry; Tapestry is an online journal to help record all the learning and fun of children's early years' education. Once you are on Tapestry via the app or on your desktop or laptop: **enter your email address and password.**

You can now add observations of your child's learning and look at the daily phonics and maths learning and the weekly home learning.

Please make sure you are checking Tapestry regularly for your child's learning at home and keep us updated with what they are doing at home.

If you are having any problems accessing Tapestry, please contact school administrator@suttoncp.uk



Keeping Fit Whilst at Home During Covid19

Dear Parents and Children,

As the School Games Organiser for the Craven Area of North Yorkshire, I would like to help you all in an attempt to ease the burden of having children at home for the foreseeable future.

I have put together some ideas which hopefully help to keep your children and you active through this worrying time. I will keep looking for new ideas and forward them on.

With schools now closed and lots of us working from home, having to distance ourselves from social situations and gatherings, it's easy to let levels of physical activity drop or even stop.

In fact, at times like these, it is more important than ever to keep active, to keep ourselves physically well, as well as to improve our mental wellbeing.

Short bursts of physical activity will help to keep your child's mind fresh and enable them to focus better on the work that they will have been set from their schools to complete at home whilst the country is attempting to come through the Covid19 outbreak.

Adults at home with their children can also join in with these activities!

The vast majority of these activities need very little space and can be carried out in the comfort of your own home. There are a variety of activities depending on the age and physical capabilities of the individual.

The Chief Medical Officer recommends that all children and young people do a minimum of 60 minutes of physical activity a day. This does not have to be in one go and can be spread out across the day.

This helps with both their physical and mental wellbeing.

I hope that this helps you all over the school closure period.

Look after yourselves and each other.

Ian Simons.

School Games Organiser (Craven).



<https://www.gonoodle.com/>

GoNoodle gets kids up and moving to fun, engaging content and games. There are dances, yoga sessions, mindfulness activities which have all been designed as an opportunity for children to wake up their bodies, engage their minds and be their best.



<https://www.bbc.co.uk/sport/get-inspired/32416767>

Lots of videos for you to follow and join in with top athletes and coaches from a variety of sporting backgrounds. These have been designed for you to do at home without the need for equipment.



<https://www.nhs.uk/live-well/exercise/10-minute-workouts/>

A set of six 10 minute exercises designed to be done at home without the need of any equipment.

Recommended by Mrs Beetles



'Trying to give yourself a structure to your day is important. Here's an idea for your day (right) together with an typical school day from one of our families. To give yourself a break from online learning, how about taking up a new hobby? I have always liked to make things and do craft activities. At the moment I am teaching myself to crochet which is taking me ages. Here is a blanket I have finished and the start of a new one ...'

FREE CELEBRITY CLASSES FOR KIDS IN LOCKDOWN

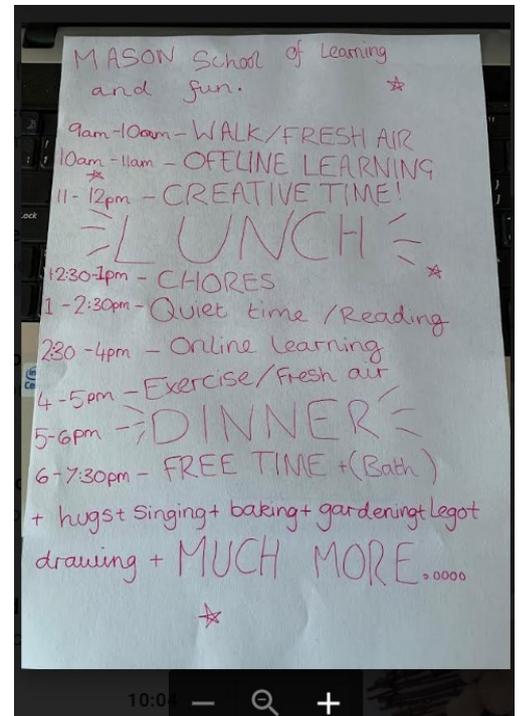
9:00	PE WITH JOE WICKS YOUTUBE.COM/THEBODYCOACH
10:00	MUSIC WITH MYLEENE KLASS YOUTUBE.COM/MYLEENESMUSICKLASS
11:00	SCIENCE WITH MADDIE MOATE YOUTUBE.COM/MADDIEMOATE
11:30	DANCE WITH OTI MABUSE YOUTUBE.COM/OTIMABUSEOFFICIAL
13:00	MATHS WITH CAROL VORDERMAN THEMATHSFACTOR.COM
14:00	HISTORY WITH DAN SNOW TV.HISTORYHIT.COM
15:00	ENGLISH WITH DAVID WALLIAMS WORLDOFDAVIDWALLIAMS.COM
17:30	FOOD TECH WITH JAMIE OLIVER CHANNEL4.COM/KEEPCOOKINGANDCARRYON



Practise reading at home

Help your young child learn to read, and love to read, with our eBook library, containing over 100 free eBooks. Our eBooks have been developed for children aged 3-11, to teach them to read using phonics.

As well as much-loved characters such as Biff, Chip and Kipper and Winnie the Witch, you'll also find some great non-fiction eBooks to help your child explore their world.



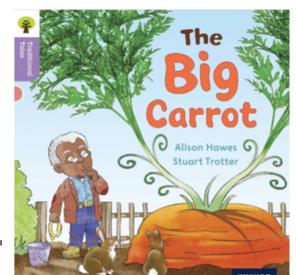
Recommended by Mrs Bailey (not just for YR!)

Oxford owl <https://home.oxfordowl.co.uk/>

You can sign up for free as a parent - all you need is an email address

There is a wealth of reading books for age 4-11; they are in the form of ebooks—you can sort them by age or by level. You choose a book and it appears in full screen; you can then open the pages one at a time and you can have audio. Some of the books are full audio such as White Fang in the 7-9 age and there are parents' notes and activities such as ordering and comprehension. There is also a maths section with online games and activities to print out.

Mrs Bailey says, 'This is going to be an amazing resource for our children whilst at home. I have played some at home with my boys. I have also put a link on Tapestry. Enjoy!'



STAY AT HOME 

PROTECT THE NHS

 **save lives**

Essential Childcare

We have asked parents to keep their children at home, wherever possible, and for our school to remain open only for those children who absolutely need to attend.

You can book a place by visiting the [Activities](#) section of our school website.

Obviously the fewer children making the journey to school, and the fewer children (and staff) in educational settings, the lower the risk that the virus can spread and infect vulnerable individuals in wider society.

Children with a parent or carer who is listed on the government's critical worker list will be considered for a school place, so long as their job cannot be done from home.

Many parents working in these sectors will be able to ensure their child is kept at home. Every child who can be safely cared for at home should be, to limit the chance of the virus spreading.

Thank you

[Visit Gov.uk](#)

People struggling with their mental health during the coronavirus (COVID-19) outbreak will be offered additional online support and practical guidance to help them cope.

Recognising the unprecedented challenges which the outbreak and extended periods of self-isolation can pose, Public Health England has published new [online guidance setting out principles to follow to help people to manage their mental health](#) during this difficult time, such as:

- maintaining contact with friends and family via telephone and video calls or social media
- keeping a regular routine and sleeping pattern
- focusing on a hobby or learning something new

Parents and carers will also benefit from tailored advice on how to support children and young people with stress during the coronavirus outbreak, which includes providing clear information, being aware of their own reactions and creating a new routine.

The single most important action we can all take, in fighting coronavirus, is to stay at home in order to protect the NHS and save lives.

[Full guidance on staying at home and away from others can be found on gov.uk](#)

You should only leave the house for one of four reasons, and one of these is to provide care or to help a vulnerable person. Even when you are doing this, you need to do so safely. You should be minimising time spent outside of the home and ensuring you are 2 metres (6 feet) apart from anyone outside of your household.

[This guidance outlines how you can help and importantly, how to do this safely.](#)

NHS Immunisation Programme

As social media is an ever growing platform that schools and services are using in order to communicate with the public, here at the childhood immunisation team we hope to use this to continue to increase the vaccine uptake across all our schools.

With this in mind, please can I ask you to follow our Facebook and Twitter page (please see links below). This will then allow us to post reminders, aimed at parents and carers, to complete the online consent form with a link to the web page which you will be able to share from your school page. We also post information relating to the vaccines we deliver and other relevant public health topics which you may find useful to share.

I hope you are all coping in these unusual times and we look forward to visiting in the new school year.

Twitter: @Childhood_imms

Facebook: <https://www.facebook.com/childhoodimmunisations/>

