

We are an aspirational place where learners grow.

Our school is kind and happy and we respect and celebrate the differences in ourselves, our community and our world.

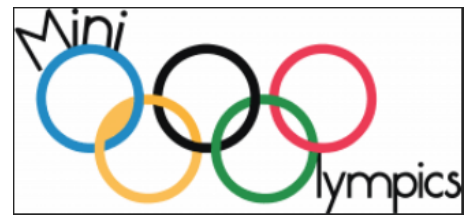
Our children become responsible, determined and independent citizens.

Good afternoon everyone,

The weeks are flying by with only two weeks left until the summer break and saying goodbye to our amazing Year 6 children. Still, school is busy with everyone preparing for the end of term and transitioning for September.

Year 1 and Year 2 Mini Olympics

Some of our younger children had the opportunity to attend a Mini Olympics event at South Craven school on Wednesday 26th June. Mrs Payne and Miss Dean were incredibly proud of the children who demonstrated real determination and teamwork at the event. Thank you to the parents who were able to go along and support. It is always lovely to have people cheering the children on from the sidelines.



Sports Day

Fortunately we were lucky with the weather and we were able to have our Sports Day on the planned date! Again, the children showed real resilience alongside having some fun at this event. The parents that took part in the parent races excelled themselves this year and we really appreciated you getting involved. Thank you to all the staff for organising this event for the children and a big shout out to the amazing Year 6 children who helped with the EYFS and KS1 Sports Day - they were fantastic at supporting the children and the staff.

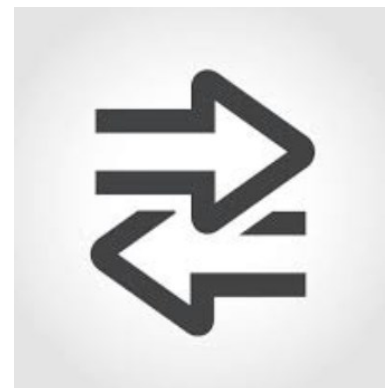
Transition Afternoon

On Monday 1st July most of our Year 6 children had their transition day at South Craven school and the rest of the school were able to spend the afternoon with their new teacher for September.

These opportunities are so important to reduce the uncertainty around moving class. Additional support materials and visuals will be sent home before the holiday for children that would benefit from this. You may have noticed that all the classes have periods of time where there is no additional adult available in class, however, other arrangements have been made internally to support this. As always, we review this regularly as a team.

Prices Increases

Due to the increased cost of food, wages and utilities we are increasing the price of our school meals and wrap around childcare from September. We have not raised our prices for several years and even with these marginal increases our prices are still lower than other schools in our area. Please see the other attached documents for further information.





Sutton CP School 23-24

Fortnightly newsletter—Monday 8th July

www.wherelernersgrow.co.uk



We are delighted to announce that we have achieved the School Games Gold Mark Award for the 2023/24 academic year.

The School Games Mark is a Government-led award scheme launched in 2012, facilitated by the Youth Sport Trust, to reward schools for their commitment to the development of competition across their school and into the community and we are delighted to have been recognised for our success.

Our sporting achievements this year include: Cycling Tournaments, Netball Tournament, Football Tournaments, Cricket Festival and more.

We are extremely proud of our pupils for their dedication to all aspects of school sport, including those young volunteers, leaders and officials who made our competitions possible.

As part of our application we were asked to fulfil criteria in the areas of participation, competition, workforce and clubs and we are pleased that the hard work of everyone at our school has been rewarded this year.

A special thanks to Mrs Howes and Mrs Whitehead.
We look forward to applying again in 2025!

Anna Riley
Headteacher



Miss Baldwin's SENCO Page

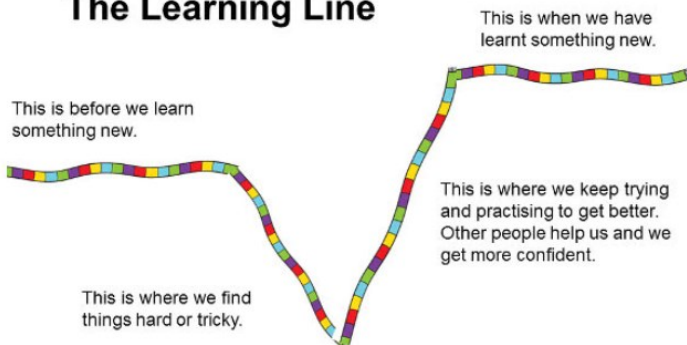
Growth mindset is an evidence-based approach to helping children be confident learners.

The theory of Growth Mindset is based on developing a positive mental attitude and approach to learning.

A **fixed mindset** comes from a belief that intelligence and talent are fixed and that talent is more important than effort for achievement.

A **growth mindset** is rooted in research which shows that abilities can be developed through dedication and hard work. This positive mental attitude helps to foster both an interest in learning and resilience against setbacks; both are essential for achievement.

The Learning Line



Parent/Carer Support Group

About Us:

The Parent Support Group is an online support group, facilitated by NHS mental health practitioners. The group is a safe space for parents to get together, share their experiences and build positive relationships. A different subject is discussed each month and parents will receive useful information and strategies around the chosen monthly topic. For an invite, please email: mhstparentsupport@bdct.onmicrosoft.com

Next Parents Support Group details: Tuesday 16th July 2024
Topic: "Supporting your child: Strengthening relationships".



Parent/Carer Support Group

Supporting Emotional and Mental Health

Tuesday 16th July	10:30am or 7:30pm	Held on Zoom Please email the address below
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THIS MONTH'S TOPIC: SUPPORTING YOUR CHILD: STRENGTHENING RELATIONSHIPS



In this month's Parent Support Group, we will be discussing how relationships help our children's brain development. The session will also be looking at strategies around strengthening family relationships and how these increase self-confidence and ability to regulate emotions

mhstparentsupport@bdct.onmicrosoft.com

Jump Back Up July 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1 Take a small step to help overcome a problem or worry	2 Adopt a growth mindset. Change "I can't" into "I can't...yet"	3 Be willing to ask for help when you need it	4 Find something to look forward to today	5 Get the basics right: eat well, exercise and go to bed on time	6 Pause, breathe and feel your feet firmly on the ground	7 Shift your mood by doing something you really enjoy
8 Avoid saying "must" or "should" to yourself today	9 Put a problem in perspective by seeing the bigger picture	10 Reach out to someone you trust and share your feelings with them	11 Look for something positive in a difficult situation	12 Write your worries down and save them for a specific 'worry time'	13 Challenge negative thoughts. Find an alternative interpretation	14 Get outside and move to help clear your head
15 Set yourself an achievable goal and take the first step	16 Find fun ways to distract yourself from unhelpful thoughts	17 Use one of your strengths to overcome a challenge today	18 Let go of the small stuff and focus on the things that matter	19 If you can't change it, change the way you think about it	20 When things go wrong, pause and be kind to yourself	21 Identify what helped you get through a tough time in your life
22 Find 3 things you feel hopeful about and write them down	23 Remember that all feelings and situations pass in time	24 Choose to see something good about what has gone wrong	25 Notice when you are feeling judgmental and be kind instead	26 Catch yourself over-reacting and take a deep breath	27 Write down 3 things you're grateful for (even if today was hard)	28 Think about what you can learn from a recent problem
29 Be a realistic optimist. Focus on what could go right	30 Reach out to a friend, family member or colleague for support	31 Remember we all struggle at times - it's part of being human				





Safeguarding Page

Key staff in school

Worried about a child?

If parents, staff or visitors have any concerns regarding the safety or well-being of a child(ren), please speak to one of our safeguarding team.

Safeguarding Team:

		
Anna Riley DSL	Mike Clayton Deputy DSL	Christa Baldwin Deputy DSL

Mr Stuart Barrick—Governor responsible for safeguarding.



If the concern is outside of the school hours, then you should report the concerns to the North Yorkshire Multi Agency Safeguarding Screening Team, on 0300 131 213 or You can contact the NSPCC Helpline on 0808 800 5000 or email help@NSPCC.org.uk [NSPCC Helpline | NSPCC](https://www.nspcc.org.uk)