



Sutton CP School

Fortnightly newsletter—Friday 9th February 2024

www.wherelernersgrow.co.uk

We are an aspirational place where learners grow.

Our school is kind and happy and we respect and celebrate the differences in ourselves, our community and our world.

Our children become responsible, determined and independent citizens.

Good Afternoon Everyone,

Another half term has gone—we're as surprised as you are as to how quick this has happened. However, we have lots of news to share this week.



Young Voices—Manchester Arena

Our very talented choir travelled to Manchester Arena this week to represent our school and perform alongside almost 9,000 other children at the Young Voices concert. What an incredible experience for this group. Huge thanks to Mr Clayton, Miss Baldiwn and Mrs Smith for taking such great care of the groups and allowing them to experience something this special.

Wellbeing Champions—Skipton Academy

Our wonderful Wellbeing Champions spent Wednesday afternoon at a local Wellbeing Champions Networking Event. This event took place at Skipton Girls High School, where our fabulous Wellbeing Champions (Evie, Reef, Josh, Charlotte, Fred and Eden) met with other Wellbeing Champions from our local area. Prior to the event, our Champions were asked to create a presentation about, 'What does being a wellbeing champion mean to you and your school?' They shared their presentation with the other schools and spoke with confidence and clarity; we were incredibly proud of them all. They listened to the presentations from other schools too. We then spent time mixing with the other primary schools, to think ahead of what ideas we could take away from this event to later discuss and implement at our school. What super role models our fabulous children were. Exciting times ahead for our Wellbeing Champions.



Mental Health Workshop

We are excited to announce that our Mental Health Support Team (MHST) will present a workshop for parents on Emotion Coaching. This will be held at Sutton CP on Thursday 29th February 2024 at 5.30pm. It should last approximately 1 hour. This is an incredible opportunity that will include the theoretical base but will focus on practical tips, scripts and solutions for parents and Guardians to use and apply. Emotion Coaching is based on the principle that nurturing and emotionally co-regulated and supportive relationships provide optimal contexts for the promotion of children's outcomes and resilience. This workshop will help you help your child's mastery of understanding and regulating their emotions to help them to succeed in life in a myriad of different ways.



Performing Arts Workshop

On Thursday 25th January, this very talented bunch took part in a Performing Arts event at South Craven school. We are so incredibly lucky to have this strong connection with our local secondary school and the fantastic quality of experiences it provides our children with. Not only did they learn new skills and meet some of the staff and pupils but also performed in Fells Hall in front of all the parents and children! A very proud moment indeed. A huge thank you to Mrs Howes once again for making this magic happen.



Pupil Voice...

Teddy - It was really, really good. My favourite bit was that I got to do a singing workshop and then perform in front of an audience.

Alyssa - I really liked it! It was a lot of fun to learn loads of songs and sing it with other people.

Job Vacancy - Midday Supervisory Assistant (MSA)

12 pm—1 pm Monday to Friday

We are looking to recruit an MSA to start as soon as possible. Before we advertise this position externally, we would like to invite our school community to apply.

The successful applicant would join an experienced and hardworking team in supervising and creating play opportunities for children.

Qualifications are not required however experience of working with children is desirable. The role involves assisting with all lunchtime duties, including supervising children in the dining hall and playground. You will arrange and supervise appropriate play and physical activities, ensuring the safety and wellbeing of pupils at all times.

If this is something you or someone you know may be interested in, please contact the office for an application pack.



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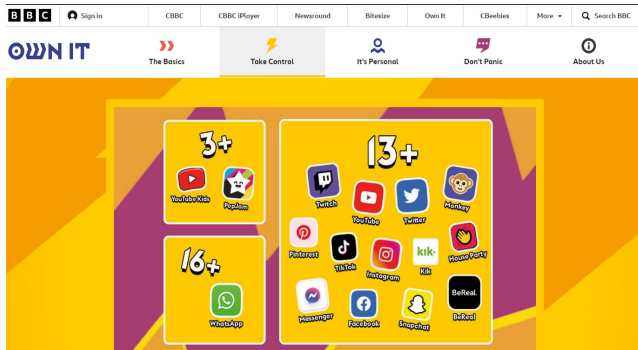
Website

Just to let you know our Safeguarding page has been further updated with more information this week.

Don't forget to check your child's class page for Spring Term updates and an overview of what they will be learning and experiencing over the remainder of this term.

Internet Safety Day & Children's Mental Health Week

This week we have been raising awareness about staying safe online and the impact on our



mental health that inappropriate use of the online world can have on us. Please take the time to check out PEGI ratings and remember these are designed to protect our children. We regularly deal with secondary behaviours in school that are directly linked to online access and gaming at home.

Please see attached additional Safety Online Newsletter for more advice and guidance. Your support with this is very important to us as part of our Safeguarding actions.

Useful links:

<https://www.bbc.com/ownit/take-control/understanding-age-ratings>

Wishing you all a restful half term and we look forward to welcoming you back on Monday 19th February.

Anna Riley

Class Assemblies 23—24

Year 3—Thursday 29th February 3:00pm

Year 4—Thursday 21st March 3:00pm

Year 2—Thursday 23rd May 3:00pm

Year 1—Thursday 4th July 3:00pm

Reception—Summer Term TBC



Miss Baldwin's SENCO Page

Some useful links and support for parents;

[SELFA Children's Charity Skipton](#)

[Reflective parenting | Anna Freud Centre](#)

[reflective-parenting-programme-leaflet-2023.pdf \(annafreud.org\)](#)

[Online Learning \(heiapply.com\)](#)

Supporting emotional health and wellbeing from 0-19+ years

Free online courses for all parents, carers, grandparents and teens

- Antenatal and postnatal baby bonding
- Understanding your child or young person
- Your child or young person with additional needs
- Teenager's feelings and brain development
- And lots more specialist courses

Scan me to visit
www.inourplace.co.uk

Enter the Access Code:
NYfamilies

Free for residents of:

North Yorkshire

The Incredible Years

Parenting isn't easy and children aren't born with a handbook but as parents we are expected to know everything...

The **Mental Health Support Team (MHST)** are a team of specialist Mental Health professionals, and work within schools to provide an additional source of support for young people, their families and school staff.

The MHST are offering a 13 week **programme** for parents and carers of children aged 4-12 which can help you to:

- Bring out the best in your child
- Cope and feel in control.
- Listen and talk together
- Enjoy spending time together.
- Manage anger and frustration
- Share ideas with other parents.
- Reduce unwanted behaviour.

How to get in touch:

Craven:
Tracey Kayne
Senior Mental Health Practitioner
IYmhst@bdct.nhs.uk | 07525 872 287

Your next IY Group:

Wednesday 21st February 2024

09:30 - 12:00

Glusburn Community Primary School - Colne Road, Glusburn, North Yorkshire BD20 8PJ



Safeguarding Page

Key staff in school

Worried about a child?

If parents, staff, or visitors have any concerns regarding the safety or well-being of child(ren), please speak to one of our safeguarding team.

Safeguarding Team:

		
Anna Riley DSL	Mike Clayton Deputy DSL	Christa Baldwin Deputy DSL

Mr Stuart Barrick—Governor responsible for safeguarding.



If the concern is outside of the school hours, then you should report the concerns to the North Yorkshire Multi Agency Safeguarding Screening Team, on 0300 131 213 or You can contact the NSPCC Helpline on 0808 800 5000 or email help@NSPCC.org.uk [NSPCC Helpline | NSPCC](https://www.nspcc.org.uk)