10th February 2022

Dear Parents/Carers

As part of our Personal, Social, Health and Citizenship Education, and part of the Science National Curriculum, the pupils in Year 5 will be learning about the physical and emotional changes that take place during puberty. These lessons will take place on Thursday 17th February and will be taught by myself, Mrs Whitehead and the Y5 team.

The purpose of this letter is to inform you that this work will take place soon for your child. You may find that your child starts asking questions about the topic at home, or you may want to take the opportunity to talk to your child about puberty before the work is covered in school. The children will be taught in single sex lessons and will be encouraged to ask any questions they have in a supportive way.

At Sutton in Craven Community Primary School we have chosen to use the NYCC recommended resources produced by the Irish Health Services Executive. These resources – "Busy Bodies"- are available to view on line https://www.sexualwellbeing.ie/for-parents/resources/busy-bodies-adolescent-development-resources.html
we will be using the videos entitled
2. Changes at puberty - with both boys and girls
3. What happened to girls? - with the girls and
4. What happens to boys? -with the boys.
There is also a booklet you can download.

Parents have the right to remove their child from any element of 'Sex and Relationship Education' which is not part of the national science curriculum. However, the only content we will cover is statutory. For more details of our Sex and Relationship policy please see the school website.
If you have any worries or concerns about this topic please get in touch so that we can talk about them.

Yours sincerely
Mrs Fletcher