# Bewerley Park 2018

Mon 22nd – Fri 26th October

# Bewerley Park Outdoor Education Centre

http://www.outdoored.co.uk/our-centres/bewerley-park/

- Is a North Yorkshire School established in 1964.
- Is situated near Pateley Bridge, North Yorks.
- Is staffed by specialist, fully trained outdoor education teachers who deliver the activities supported by Sutton CP Staff.

# Aims of the Week

- Team building
- Communication skills
- Listening skills
- Mutual respect for ourselves, others and the environment
- Developing resilience, independence and responsibility
- Outdoor activities

# Staffing

- Miss Dunkley, Miss Ibbotson and Mrs Dwyer – all week.
- Centre staff - minimum of 3 main centre teachers assigned to our school
- Evening visitors for Wednesday tea – school staff
- 1 group of 11 pupils, 2 groups of 10 – 2-3 adults in each group.
- 3 school staff: 31 pupils
- Adult:Child ratio within the recommendation of 1:12

# Individual needs

Parental consent form should have identified:-

- Special diets
- Medication needs – named medication (with dosage instructions) to be given to Miss Dunkley on the morning of departure. Miss Dunkley and Mrs Dwyer will be responsible for administering these.
- Allergies.
- Anything else you want us to know about your child's needs during the week.

We don't want any surprises!

# Bewerley Park Site

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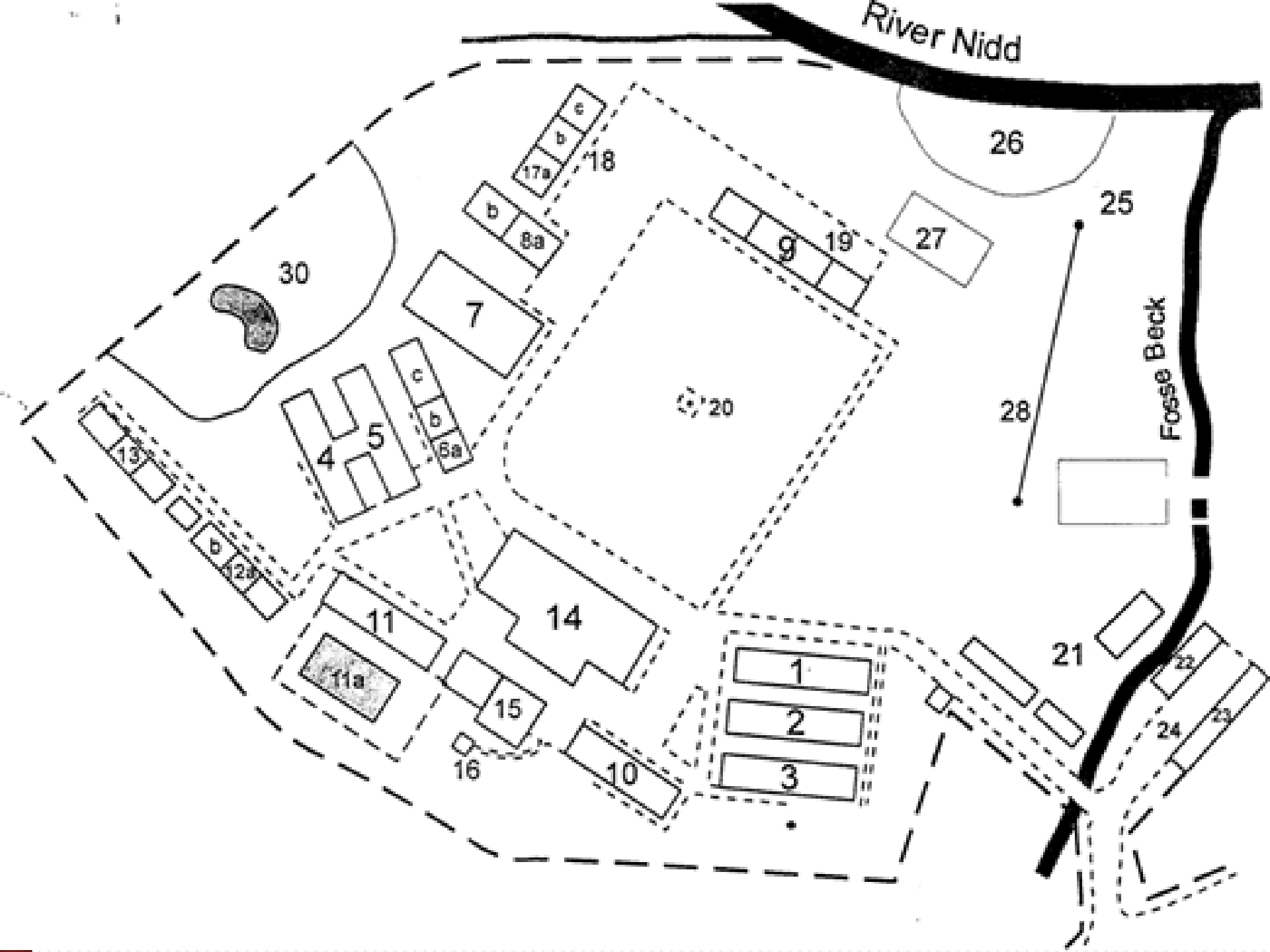
Bewerley Park
Outdoor Education
Centre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# Dormitories

# Meals

- A cooked breakfast is served to start the day.
- Packed lunches are provided on full activity days with cooked lunches available on weekday arrival and departure days.
- Three choices of main course are offered at each evening meal, at least one of which is a vegetarian option.
- Home-made cakes/biscuits and hot drinks are available at supper time.
- Every effort is made to accommodate special dietary needs provided we are informed in advance of our visit. We can then inform the catering team.
- No sweets or snacks! Pupils do NOT need to bring their own food. Birthdays?

# Timetable

- Pupils usually rise at 7.15 a.m. Breakfast is at 8 a.m prompt.
- The groups meet their Bewerley Park group teachers at 9 a.m. when they are briefed on the programmed activity for the day.
- Activities can be full or half day.
- Groups return from activities in time to shower before evening meal at 5.45 p.m.
- The evening programme follows until supper, which is self led by Sutton CP staff (except the night walk).
- Specialist equipment (eg: walking boots, waterproofs and equipment required for the activities) is provided by the centre. All parents should have been given a kit list!

# Day time activities

- Blayshaw stream walk (also known as ghyll scrambling)
- Treasure Quest
- High and low ropes
- Orienteering
- Brimham Rocks – mini rock climbing!
- Shelter Building/Bushcraft
- Canoeing

# Night time activities during the week

»Initiatives (team work)
»Night walk (Centre staff-led)
»Common Room social evening (spending money around £5)
»Centre Quiz (familiarisation)

Daily updates and news will be reported via the school Facebook Page and website (Wifi permitting). Keep your eyes peeled!

# Expectations

# The day we leave

- Come into school at the usual time – line bags along the playground wall (by main gates).
- If wet, bring bags into the hall.
- Pupils register as usual in the classroom.
- Coach pick up at approx. 9.30am.
- Parents are welcome to wait and see pupils off (due to space, please wait outside or in the hall if wet).
- Travel sickness medication (plus extra to Miss D for the return journey – clearly labelled with name and dosage).

# The day we come back

- The coach will leave Bewerley Park at 1.30 and be back at Sutton at about 2.30pm.
- If the weather is fine pupils will leave their bags in the playground.
- Parents can come and pick pupils up as soon as they arrive back at school.
- Any updates regarding return times/delays will be posted on website/the school Facebook page. Please check both regularly.

# Handy hints!

- Don't buy new clothes – it's not a fashion show! The kit list is invaluable!
- Name everything – and we mean *everything*!
- Make a list (or use the kit list!) of what is being packed and send it with your child so they know what to bring back!
- No phones/electronic games AT ALL!
- Take a bin bag to put wet/dirty clothes in.
- Make sure you can carry your own bag – don't pack the kitchen sink, only the essentials!

# Things your child might learn

- More about their friends
- More about their teachers
- More about themselves

- … how to use a vacuum cleaner and make their beds!